



IART Regenerative Research Symposium 2024

May 11, 2024, Virtual: 7:45 AM - 5:00 PM Central Standard Time

Moderator: Eric Phillippi, M.D.

7:45-8:00 A.M.	Opening Remarks	Annette Zaharoff, M.D.
8:00-8:30 A.M.	Knee OA and Framework of Prolotherapy Research	David Rabago, M.D. <i>USA</i>
8:30-9:00 A.M.	Impact of Dextrose and Lidocaine on Fibroblast and Chondrocyte Cell Cultures in a Rat Model with Knee Osteoarthritis	Tom Motyka, DO <i>USA</i>
9:00-9:30 A.M.	Cytokine Effects of Dextrose in Grade IV Knee Osteoarthritis	Gaston Topol, M.D. <i>Argentina</i>
9:30-9:45 A.M.	Break	
9:45-10:15 A.M.	Potential of Glucose Reducing Neuroinflammation, Oxidative Stress and Apoptosis in Neural Cells	Yung Tsan Wu, M.D. <i>Taiwan</i>
10:15-10:45 A.M.	Update in USG Carpal Tunnel Treatment: Volume of Hydrodissection Does Matter	Stanley Lam, M.D. <i>Hong Kong</i>
10:45-11:15 A.M.	Efficacy of Hypertonic Dextrose in Chronic Ankle Instability: A Randomized Controlled Trial	Regina Sit M.D, <i>Hong Kong</i>
11:15 A.M-12:00 P.M.	Group Discussion & Q&A	<i>All Presenters</i>
12:00-1:00 P.M.	Lunch	
1:00-1:30 P.M.	Prolotherapy vs Epidural Steroid Injection for Lumbar Pain Radiating to the Leg: A Pragmatic Randomized Controlled Trial	Osnat Wende, M.D. <i>Israel</i>
1:30-2:00 P.M.	Dextrose Caudal Epidural: Update and New Indications	Liza Smigel, M.D. <i>USA</i>

2:00-2:30 P.M.	Multinational Study on the Treatment of PTSD by Cervical Plexus Hydrodissection	Dean Reeves, M.D., P.A. Jordan Atkins, M.D. USA
2:30-2:45 P.M.	Break	
2:45-3:15 P.M.	PRP Optimization	Dr. Ted Harrison, M.D. USA

3:15-3:45 P.M.	The Feasibility and Clinical Outcomes of Prolotherapy in a Primary Care Practice	<i>Dr. Brian Ralston, M.D.</i> USA
3:45-4:15 P.M.	Prolotherapy Use Survey	Dr. Jared Dubey, D.O. Dr. Joe Andrie, M.D. USA
4:15-5:00 P.M.	Group Discussin & Q&A	All Presenters
5:00 P.M.	Closing Remarks	Annette Zaharoff, M.D.